



ORPHEUS ADVENTURE TRAIL
Main theme: Multi activity & and adventures
Duration: 8 days
Best period: June-September

Dates: 23 July
6 August
13 August
3 September

Selling points:

- We stay in family-run hotels and support the locals in this way
- We help a local organisation to protect the hundred -year –old- forests and wood grouse population in Beglika area
- We will try interesting and various adventures



Multi-activity adventure holidays offer diversity and adrenalin. For the person of average fitness and ability, this type of holiday is a great way to experience new sports, meet like-minded people and push the boundaries a little.

You could be **sailing** in a lake in the morning and **walk** on the hiking trails in the afternoon; scaling mountainous heights one day and exploring a centenary old forest the next. It's all about **variety**. You won't get bored from having only one activity, and it's a great way to experience more of what's on offer in the country you've chosen to visit.

The proposal you see bellow is an action packed, multi-activity itinerary in **southwest Bulgaria**. No experience is needed for any activity although you do need to be reasonably fit and active to enjoy the program. As the hotels are chosen because of their location (you are staying near the places where all the activities will be done) you can do as little or as much as you like.

Itinerary

Day 1: Tour starts in Sofia

Itinerary: Arrival at Sofia airport and transfer to Batak. In the evening we take our first sailing lessons.

Night stop: at Batak dam lake

Accommodation: Family-run hotel

Included Meals: None

Day 2: A sailing day

Itinerary: Sailing lesson; the clients will be spitted in two crews and at the end there will be a nice sailing competition in order to improve the gained sailing skills

Night stop: at Batak dam lake

Accommodation: Family-run hotel

Included Meals: Breakfast, packet lunch and dinner



“ODYSSEIA-IN” AND “ZIG ZAG HOLIDAYS” TRAVEL TEAM

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www.hiking-bulgaria.com



Day 3: A biking day

Itinerary: We will bike from Batak lake to get to Beglika Natural Park. Our route is starting as an asphalt road, but later the it turns into a forest pathway as we venture further into the natural park.

Night stop: at Beglika dam lake

Accommodation: Family-run hotel

Included Meals: Breakfast, packet lunch and dinner

Day 4: A kayaking day

Itinerary: Today we will do some kayaking in Golyam Beglik lake - qualified instructors choose our paddling route depending on the daily conditions and we'll be taught the techniques of kayaking as we manoeuvre around the lake shores. The lake is easily accessible from the water and there several islands that can be visited. That day and the next one we will use the kayak as the easiest transport to get to different regions around the lake.

Night stop: at Beglika dam lake

Accommodation: Family-run hotel

Included Meals: Breakfast, packet lunch and dinner

Day 5: A climbing day

Itinerary: There are several different areas around the lake where we can start with our climbing lessons. We meet our climbing instructors who give us a detailed lesson on safety, ropes, climbing gear and techniques to make our climb as enjoyable and safe as possible. Rope course is a challenging activity with several high elements – 8-10 meters above the land. It's a nice way to spend two or three hours passing from one rope bridge to another and it's interesting to see the landscape from the top of a tree.

At the end you will finish with 70 m. long trolley over the water.

Night stop: Chatama area, at the other side of Beglika dam lake

Accommodation: tents

Included Meals: Breakfast, packet lunch and dinner and dinner



Day 6: A treasure hunt day

Itinerary: This is the best way to learn the history and the legends of the region, trying to discover signs and to read manuscripts, finding out where is the next peace of information that will lead you to the hidden treasure. Moving forward by bus and on foot; speaking with local people; or looking for hidden signs is part of the journey. At the end you will arrive in Plovdiv – one of the most romantic Bulgarian towns.

Night stop: Plovdiv

Accommodation: Hotel ***

Included Meals: Breakfast, packet lunch and dinner

Day 7: From Plovdiv to Sofia

Itinerary: We will make a tour in the Old town of Plovdiv. You will have a chance to see the famous Roman amphitheater and the Roman



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Stadium (2nd Century AD) and also the most beautiful house in the Old town, which hosts today the Ethnographical Museum.

The modern center of Plovdiv has a long pedestrian street with numerous cafes, restaurants and shops. If you like shopping this part of the town is not to be missed.

In the afternoon you will transfer to Sofia.

Night stop: Sofia

Accommodation: Hotel ***

Included Meals: Breakfast and packet lunch

Day 8: Departure

Itinerary: Night stop: n/a

Price per person: 650 EUR (valid for a group of 6 people)
All prices indicated are per person in double room and tent

*supplement for Single Room: **90 EUR**

Prices Include:

Accommodation in family-run hotels;
7 breakfasts, 5 packed lunches and 5 dinners;
English-speaking guide;
Equipment for the included activities: kayaking, biking and climbing
Transfers and drives according to itinerary.

Prices Exclude:

Flight and taxes;
Failing meals;
Alcoholic and soft drinks;
Museum entry fees.